



Catering menu-**appetizers**

(6 person minimum on all orders)

ANTIPASTO SKEWERS

\$22.00 per dozen

Fresh mozzarella, tomato, artichoke heart, Kalamata olive and a piece of grilled focaccia bread skewered and served with a olive oil and balsamic vinegar dipping sauce.

BAKED STUFFED MUSHROOMS

\$21.00 per dozen

A classic favorite of vegetable or sausage stuffed mushrooms baked to perfection and topped with parmesan cheese.

BUFFALO CHICKEN HOT BITES

\$15.00 per dozen

Buffalo chicken bites served with your choice of ranch or bleu cheese dipping sauce.

CHEESEBURGER SLIDERS

\$3.99 per each

A hand made mini cheeseburger slider served with tomato, pickles, ketchup, mustard and American cheese. Your choice of Beef or Turkey.

Also Chicken or Eggplant Parmesan, Crab Cake, or Vegetarian Grilled Portobella Mushroom.

CLASSIC CHEESE PLATTER

\$3.99 per person

An assortment of Cheddar, Swiss, Bleu, Goat and Pepper Jack Cheeses garnished with fresh grapes, fresh berries, nuts and dried cranberries. Served with crackers on the side.

contd.

COCONUT CHICKEN BITES \$15.00 per person

Coconut & panko crusted chicken bites served with sweet chili dipping sauce.

FRESH MOZZARELLA TOMATO OLIVE SKEWERS \$20.00 per person

Fresh mozzarella, grape tomatoes and kalamata olives on a skewer served with a olive oil and balsamic vinegar dipping sauce.

GOAT CHEESE STUFFED DATES WRAPPED IN BACON \$22.00 per dozen

A fresh goat cheese stuffed date wrapped in our maple cured bacon and baked in the oven.

GREEK STYLE SPANIKOPITA \$22.00 per dozen

A Greek style stuffed filo dough with spinach and feta cheese and baked in the oven.

GRILLED CHICKEN AND PINEAPPLE SKEWERS \$24.00 per dozen

Marinated chicken breast skewered with fresh pineapple and grilled. Served with a sweet soy dipping sauce.

GRILLED CHICKEN SATAY SKEWERS \$22.00 per dozen

Marinated chicken breast skewered grilled to perfection and served with a house made peanut dipping sauce.

GRILLED SHRIMP SKEWER \$26.00 per dozen

Jumbo Shrimp skewers grilled and marinated with fresh lemon, garlic, and fresh herbs.

contd.

GRILLED STEAK OR CHICKEN AND
POBLANO PEPPER SKEWERS

\$24.00 Steak
\$24.00 Chicken

Tender sirloin steak or chicken skewered with poblano peppers and grilled to perfection. Served with a cilantro lime sour cream.

GRILLED TERIYAKI BEEF SKEWERS

\$20.00 per dozen

Tender marinated flank steak skewered and grilled to perfection. Served with Sesame Soy dipping sauce.

HOMEMADE CHICKEN FINGERS

\$22.00 per dozen

House made boneless chicken fingers served with your choice of hot, medium, mild, Honey, Hot BBQ, Honey BBQ, Hot Honey BBQ or Bleu Cheese dressing for dipping sauces.

HOUSE MADE TORTILLA CHIPS & FIRE ROASTED SALSA

\$1.99 per person

Our in house made tortilla chips served with our homemade fire roasted salsa. With fresh made guacamole add \$1.99 per person. just chips \$1.99
add fresh made guacamole \$3.98

ITALIAN CHICKEN BITES

\$15.00 per dozen

Italian seasoned chicken bites served with a marinara dipping sauce.

JUMBO SHRIMP COCKTAIL PLATTER

\$26.00 per dozen

Fresh Shrimp boiled served with a house made traditional cocktail sauce. Garnished with fresh lemon wedges.

MEDITERRANEAN GOAT CHEESE CROSTINI

\$22.00 per dozen

A grilled crostini topped with a homemade olive tapenade, fresh herbs and fresh goat cheese.

contd.

MEDITERRANEAN PLATTER**\$5.99** per person

An assortment of fresh tabouleh, hummus, olives, feta cheese and roasted red peppers, stuffed grape leaves, artichoke puree, olive tapenade. Served on a bed of lettuce with toasted pita chips.

MINI ASIAN MEATBALLS**\$15.00** per dozen

Mini Asian style meatballs drizzled with a sweet sesame soy sauce.

MINI ASIAN SALMON CAKES**\$24.00** per dozen

A house made asian style Salmon cake with fresh cilantro, sweet potatoes, soy, and fresh ginger. Served with a sweet chili dipping sauce.

MINI ITALIAN STYLE MEATBALLS**\$15.00** per person

Mini Italian meatballs served with a marinara dipping sauce.

SILVER DOLLAR MAINE CRAB CAKES**\$26.00** per dozen

Fresh crabmeat seasoned to perfection, panko breaded and lightly fried. Served with a homemade Cajun remoulade.



Catering menu-**salads**

(6 person minimum on all orders)

CLASSIC CAESAR SALAD

\$3.59 per person

The traditional classic salad with fresh romaine lettuce, house made croutons, parmesan cheese, and our own homemade Caesar dressing on the side.

CLASSIC POTATO SALAD

\$3.99 per lb

Classic potato salad with mayo, mustard, celery and red onion.

CRANBERRY GOAT CHEESE SALAD

\$3.99 per person

Fresh mixed greens, shredded carrots, grape tomatoes, dried cranberries, goat cheese, pecans & cranberry balsamic vinaigrette on the side.

CRANBERRY SPINACH SALAD

\$3.99 per person

Fresh baby spinach, raisins, Blue Cheese, red onion and served with our Balsamic dressing.

FRESH MOZZARELLA AND TOMATO SALAD

\$7.99 per person

Vine ripened tomatoes, fresh mozzarella and basil, topped with extra virgin olive oil and balsamic vinegar. (When available)

contd.

FRUIT SALAD**\$5.99** per lb

A mixture of fresh cut honey dew, pineapple, and cantelope. Topped with fresh berries.

GARDEN SALAD**\$2.59** per person

Crisp romaine lettuce topped with tomatoes, cucumbers, shredded carrots and red onions served with our homemade balsamic dressing on the side.

GREEK PASTA SALAD**\$5.99** per lb

Baby spinach, sundried tomatoes, artichoke hearts, kalamata olives, feta cheese, fresh chopped herbs and penne pasta tossed with our house made red wine vinaigrette dressing.

GRILLED AVOCADO SALAD**\$4.99** per person

Fresh romaine lettuce, topped with a salsa of black beans, green chiles, tomato, corn and fresh cilantro and grilled avocado. Served with crispy tortilla strips and a homemade cilantro lime dressing.

ITALIAN ARUGULA SALAD**\$3.99** per person

Fresh baby Arugula topped with sun-dried tomatoes, shredded Parmesan cheese and served with our house made Lemon Thyme Vinaigrette.

ITALIAN PASTA SALAD**\$6.99** per person

A cold Italian style pasta salad with fresh mozzarella & grape tomatoes topped, and basil, tossed with our balsamic dressing and penne pasta.

contd.

MAPLE ARUGULA SALAD**\$3.99** per person

Fresh baby Arugula topped with craisins, goat cheese, pecans, and served with a maple infused balsamic dressing.

MEXICAN SALAD**\$3.99** per person

Fresh romaine lettuce, topped with a salsa of black beans, tomato, corn and fresh cilantro. Served with crispy tortilla strips and a home cilantro lime dressing.

MIXED GREEN SALAD**\$3.59** per person

Fresh Mixed greens topped with tomatoes, cucumbers, shredded carrots, and red onions served with our homemade balsamic dressing on the side.

ROASTED VEGETABLE PASTA SALAD**\$5.99** per lb

Our house style pasta salad with in house roasted vegetables, penne pasta, Parmesan cheese tossed in our homemade balsamic vinaigrette dressing.

SPINACH COBB SALAD**\$3.99** per person

Fresh baby spinach, topped with hard boiled egg, tomato, red onion, crisp bacon, and shredded cheese. Served with Blue Cheese dressing on the side.

VERMONT GOAT CHEESE SALAD**\$3.99** per each

Mixed field greens, roasted red peppers, red onion, goat cheese and pecans served with house made balsamic dressing on the side.



Catering menu-**breakfast**

(6 person minimum on all orders)

ASSORTED BAGEL AND MUFFIN PLATTER

\$2.99 per person

An assortment of our fresh in house baked bagels and muffins served with cream cheese and butter and assorted jelly.

ASSORTED FRUIT PLATTER

\$3.99 per person

A mixture of ripened sliced pineapple, cantaloupe, and honeydew, topped with fresh berries.

ASSORTED MORNING PASTRIES

\$3.99 per person

An assortment of our fresh in house baked muffins, bagels, danish, scones, and croissants. Served with cream cheese, butter, and assorted jellies.

BAKED FRENCH TOAST STRATA

Small pan **\$35.00**
(10 –12 people)

A baked French toast style strata with cinnamon and nutmeg, served with maple syrup. Add blueberries if you like!

Large pan **\$70**
(20 - 25 people)

BELGIAN WAFFLES

Homemade Belgian style waffles served with whipped cream, strawberries & maple syrup. Two waffles per person.

\$5.99 per person

contd.

BOX BREAKFAST 1 \$7.99 per person

A fresh in house baked jumbo muffin, fruit cup & minute maid juice.

BOX BREAKFAST 2 \$9.99 per person

Freshly made egg sandwich, fruit cup, & Minute Maide juice.

BREAKFAST BURRRITOS \$3.99 per person

Breakfast style burritos with scrambled eggs, black beans, cilantro, bacon, ham, sausage, and shredded jack and cheddar cheeses.

BREAKFAST FRITTATAS \$3.99 per person

Create your own individual crustless quiche, choose from spinach, roasted vegetables, mushroom, onions, tomato, red peppers, ham, bacon, sausage, Feta, Cheddar, American cheeses, and many other selections to satisfy all peoples liking. Egg Beaters available for low fat and low cholesterol.

BREAKFAST SANDWICH PLATTER \$3.99 per person

A variety of made to order egg sandwiches served with tomato, cheese, bacon, ham or sausage and served on fresh baked bagels, croissants, English muffins, white, wheat, or rye toast. Vegetarian options included.

CLASSIC HOT OATMEAL \$2.99 per person

Classic style oatmeal served hot with dried cranberries, honey, mixed nuts, and brown sugar.

COFFEE AIR POT \$13.99 per each

Fresh brewed pot of our Barrie House coffee - served with milk, cream, sugar and sugar substitutes. One pot serves 10 cups

contd.

EGG WHITE BREAKFAST SANDWICH PLATTER **\$3.99 per person**

A variety of made to order egg sandwiches made with eggbeaters served with tomato, cheese, bacon, ham or sausage and served on fresh baked bagels, croissants, English muffins, white, wheat, or rye toast. Also available Spinach, Avacado, and Pepperjack Cheese, Roasted Tomato and Spinach. Also available Spinach, Avacado, and Pepperjack Cheese, Roasted Tomato and Spinach.

FRESH START **\$1.99 per person**

An assortment of orange, ruby red grapefruit, cranberry apple raspberry, apple, and other juices.

FRUIT SALAD **\$5.99 per lb**

A mixture of fresh cut honey dew, pineapple, and cantelope. Topped with fresh berries.

HOMEMADE PANCAKES **\$5.99 per person**

Regular, Chocolate Chip or Blueberry homemade pancakes served with maple syrup. Two large Pancakes per person.

HOT TAZO TEA AIR POT **\$13.99 per each**

Assorted Tazo Teas with an air pot of hot water. Served with milk, cream, sugar & sugar substitutes. One Pot serves 10 cups.

LOW FAT GREEK YOGURT WITH HONEY & NUTS **\$3.49 per each**

Plain Greek style yogurt served with mixed nuts and honey.

LOW FAT YOGURT WITH MIXED BERRIES AND GRANOLA **\$2.99 per person**

Low-Fat vanilla yogurt, mixed berries and our homemade granola. Served in individual cups or make your own style.

SCRAMBLED EGGS **\$6.99 per person**

Fresh scrambled eggs served with your choice of bacon, ham or sausage. Served with home fries. Egg Beaters are available for low fat and low cholesterol.



Catering menu-**box lunches**

(6 person minimum on all orders)

BOX LUNCH 1

\$10.99 per person

Your choice of any wrap, speciality, or custom made sandwich, potato chips, soda or water, and a piece of fruit

BOX LUNCH 2

\$10.99 per person

Your choice of any wrap, specialty, or custom sandwich, potato chips, soda or water, and a homemade cookie.

BOX LUNCH 3

\$11.99 per person

Your choice of any wrap, speciality, or custom sandwich, individual garden salad, and a soda or water.

BOX LUNCH 4

\$11.99 per person

Your choice of any wrap, speciality, or custom sandwich with a small cup of our daily homemade soups, and soda or water

BOX LUNCH 5

\$13.99 per person

Your choice of any of our salads topped with grilled chicken, pita bread, soda or water and a cookie.



Catering menu-entrees

(6 person minimum on all orders)

AHI TUNA STEAK

\$12.99 per person

Your choice of Sesame Crusted with sweet mango drizzle, Cajun seared, or grilled and topped with a seasonal fruit salsa. Tuna is served rare with brown or white rice or on a salad of your choice. Gluten Free.

ASIAN STIR-FRY

\$8.99 per person

A variety of vegetables stir fried in a sesame soy sauce with your choice of chicken, beef, vegetable or tofu served with white or brown rice. Gluten Free.

Steak **\$8.99** Chicken **\$8.99** Tofu **\$8.99** Vegetable **\$8.99**

ATLANTIC SALMON FILLET

Fresh Atlantic Salmon Fillet with your choice of lemon thyme glazed, Caribbean seasoned, pomegranate orange glazed, or herb seasoned. Served with vegetable and starch of the day. Gluten Free Options Available.

\$11.99 per person

Lemon Thyme glazed **\$11.99** Caribbean seasoned **\$11.99**

Pomegranate orange glazed **\$11.99** Herb seasoned **\$11.99**

contd.

BOURBON BBQ CHICKEN WITH ORZO \$8.99 per person

Grilled chicken tips tossed in our house made bourbon style BBQ sauce and served with a sun-dried tomato, corn and fresh basil orzo pilaf. Gluten Free Options Available.

BOURBON BBQ PORTOBELLA MUSHROOM WITH \$8.99 per person

Grilled portobella mushrooms tossed in our house made bourbon style BBQ sauce and served with a sun-dried tomato, corn and fresh basil orzo pilaf. Gluten Free Options Available.

BUTTERNUT SQUASH RAVIOLI \$8.99 per person

A fresh made butternut squash ravioli tossed with roasted apples and pecans in a sherry herbed cream sauce.

CHICKEN PARMESAN WITH PENNE PASTA \$9.99 per person

A classic Italian dish made with hand made panko crusted chicken cutlets and topped with our homemade marinara sauce, melted Provolone and Parmesan cheeses. Served with a side of penne pasta.

CHICKEN MARSALA WITH PENNE PASTA \$55 per each

Tender Chicken breast sautéed with button and portabella mushrooms, garlic and onions and finished with marsala wine sauce.

Small **\$55.00**
(10-12 people)

Large **\$85.00**
(20-25 people)

CHICKEN SILANO \$55 per person

Tender chicken breast pan seared with broccoli, sun dried tomatoes, mushrooms, and penne pasta. Tossed in an herbed cream sauce. and finished with parmesan cheese.

Small **\$55.00**
(10-12 people)

Large **\$85.00**
(20-25 people)

contd.

CHICKEN, BROCCOLI AND PENNE PASTA

\$55 per each

Tender chicken breast pan seared with broccoli and penne pasta tossed in a garlic white wine sauce and finished with parmesan cheese.

Small size \$55
(feeds 10-12 people)

Large size \$85
(feeds 20-25 people)

CHICKEN, SAUSAGE, OR VEGETARIAN CACCIOTORE WITH PENNE PASTA

\$55 per each

Sautéed chicken breast, Italian sweet sausage, or meatless with onion, garlic, bell peppers, and mushrooms simmered in a red wine tomato sauce. Tossed with Penne Pasta and Parmesan cheese.

Chicken Small \$55.00 Chicken Large \$85.00

Sausage Small \$55.00 Sausage Large \$85.00

Vegetarian Small \$55.00 Vegetarian Large \$85.00

CLASSIC LASAGNA

\$45.00 per each

Your choice of Cheese, Meat, or Roasted Vegetable lasagna. House made with our own marinara sauce and ricotta cheese, baked in the oven and topped with melted shredded cheese.

Small size \$55
(feeds 10-12 people)

Large Meat \$75.00 Large Cheese \$65.00

Large size \$85
(feeds 20-25 people)

Large Roasted Vegetable \$45.00

EGGPLANT PARMESAN From: \$55.00 per each

\$55 per each

A classic Italian dish made with layered eggplant cutlets, our homemade marinara sauce, Parmesan and Mozzarella cheeses and baked in the oven.

Small \$55.00
(10-12 people)

Large \$85.00
(20-25 people)

contd.

GARLIC BREAD**\$0.99** per person

Great to add on to any order. Our house made garlic bread with fresh garlic, butter, and herbs baked in the oven and served warm.

GREEK STYLE GRILLED CHICKEN OR STEAK TIPS WITH ORZO**\$8.99** per each

Greek marinated grilled chicken or steak tips served with a sun-dried tomato, olives, Feta cheese, and fresh herbed orzo pilaf. Gluten Free Options Available.

Chicken **\$8.99**Steak **\$9.99****GREEK VEGETARIAN STUFFED PORTABELLA MUSHROOM****\$8.99** per person

A Greek style stuffed portabella mushroom with orzo, sun-dried tomato, olives, Feta cheese, and fresh herbs baked in the oven. Topped with our homemade Greek dressing. Gluten Free Options Available.

GRILLED KABOBS**\$7.99** per person

Tender Chicken, Steak, Shrimp, and Italian Sausage kabobs grilled to perfection skewered with fresh vegetables and served over white or brown rice. (Also available vegetarian and Gluten free)

Chicken **\$8.99**Beef **\$9.99**Shrimp **\$9.99**Sausage **\$8.99**Vegetable **\$7.99****HALF ROASTED CHICKEN****\$8.99** per person

Our own lemon, garlic, and fresh herb rubbed chicken slow roasted to perfection, topped with house made BBQ sauce, served with starch of the day.

contd.

HOMEMADE CHILI WITH RICE**\$7.99** per person

Our classic homemade chili served with brown rice. Vegetarian chili is available. Gluten Free.

HOMEMADE MACARONI AND CHEESE**\$55.00** per each

Our famous baked macaroni and cheese made from scratch with a five cheese sauce and topped with panko bread crumbs and baked in the oven.

Small **\$55.00**
(10-12 people)Large **\$85.00**
(20-25 people)

ITALIAN STUFFED SIRLOIN**\$10.99** per person

Sirloin steak butterflied and stuffed with roasted red peppers, baby spinach, and provolone cheese. Served with roasted red bliss potatoes and a side of marinara sauce.

JAMAICAN JERK CHICKEN WITH MASHED SWEET POTATOES**\$8.99** per person

Our in house Jerk seasoned boneless chicken thighs oven roasted, topped with a drizzle of sweet mango puree and served with mashed sweet potatoes and cilantro lime seasoned white or brown rice. Gluten Free.

LENTIL STEW AND RICE**\$7.99** per person

Our in house made lentil stew served with brown rice. Gluten Free.

MAKE YOUR OWN TACO BAR**\$8.99** per person

Seasoned ground beef, chicken, or portabella mushrooms, soft and hard taco shells, lettuce, tomatoes, sour cream, homemade guacamole, fire roasted salsa and shredded cheese to make your own tacos.

contd.

OVEN ROASTED TURKEY BREAST

\$9.99 per person

Herb rubbed and oven roasted to perfection turkey breast sliced and served with our homemade gravy, mashed red bliss potatoes, and stuffing.

PASTA PRIMAVERA

\$45.00 per each

Sautéed onion, garlic, carrots, summer squash, zucchini, snow peas, broccoli and tossed with penne pasta in a white wine cream sauce. Finished with Parmesan cheese (vegetarian or with chicken).

Small \$55.00
(10-12 people)

Large \$85.00
(20-25 people)

Small no chicken \$45.00 Small with chicken \$55.00

Large no chicken \$65.00 Large with chicken \$85.00

PUMPKIN TORTELLINI

\$8.99 per person

Fresh made pumpkin style tortellini tossed with our house made spicy pecans in an herbed cream sauce.

ROASTED PORK LOIN

\$8.99 per person

Your choice of plain, bacon cornbread, or vegetable stuffed topped with our homemade gravy and served with starch of the day.

Plain \$8.99 Bacon cornbread \$8.99 Vegetable \$8.99

SOUP OR CHILI BY THE GALLON

\$30 per each

Have any of our homemade soups or chili at your next meeting. In a convenient traveling soup container for easy dispensing. Call or email us for flavors and availability. Gluten Free Options Available.

contd.

STUFFED CHICKEN BREAST

\$8.99 per person

Stuffed chicken breast with your choice of Cordon Blue style, Vegetable stuffing, Broccoli and Cheddar cheese, or Apple and Boursin cheese. Served with vegetable of the day.

Cordon Blue style **\$8.99**

Vegetable stuffing **\$8.99**

Broccoli and Cheddar cheese **\$8.99**

Apple and Boursin cheese **\$8.99**

TORTELLINI WITH PROSCIUTTO AND PEAS

\$8.99 per person

Fresh made five cheese tortellini tossed with Prosciutto di Parma, garlic, and fresh peas. Served in a white wine cream sauce and finished with Parmesan cheese.



Catering menu-platters

(6 person minimum on all orders)

ASSORTED FRUIT PLATTER

\$3.99 per person

A mixture of ripened sliced pineapple, cantaloupe, and honeydew, topped with fresh berries.

BURRITO PLATTER

\$7.99 per person

Your choice of cheese, chicken, steak or roasted vegetables and choice of white or brown rice burrito's. Served with a salsa and sour cream on the side.

CLASSIC CHEESE PLATTER

\$3.99 per person

An assortment of Cheddar, Swiss, Bleu, Goat and Pepper Jack Cheeses garnished with fresh grapes, fresh berries, nuts and dried cranberries. Served with crackers on the side.

CUSTOM MADE SANDWICH PLATTER

\$7.99 per person

Choice of custom made Boar's Head turkey breast, roast beef, ham, grilled chicken and our house made all white tuna sandwiches on a mixture of fresh breads and wraps cut in half and served with lettuce, tomato and assorted potato chips.
(Vegan not Available)

contd.

EXECUTIVE DELI PLATTER**\$9.99** per person

Boar's Head Brand Roast Beef, Oven Gold Turkey breast, Cracked Pepper Smoked Turkey, Black forest smoked Turkey and Ham, Prosciutto Di Parma, Salami, Grilled Chicken, Fresh Mozzarella, Swiss, Aged Cheddar, and Harvarti cheeses arranged on a platter to create your own sandwich. The platter is served with lettuce, tomato, pickles, roasted red pepper, olives, artichoke hearts, mayo, mustard, and an assortment of bread and wraps. Served with assorted potato chips.

LOAF'S DELI PLATTER**\$8.99** per person

Boar's Head Brand Roast Beef, Oven Gold turkey breast, Cracked Pepper Smoked Turkey, Black forest smoked turkey and ham, salami, grilled chicken and cheese arranged on a platter to create your own sandwich. The platter is served with lettuce, tomato, pickles, roasted red pepper, hot peppers, mayo, mustard, and an assortment of bread and wraps. Served with assorted potato chips.

MEDITERRANEAN PLATTER**\$5.99** per person

An assortment of fresh tabouleh, hummus, olives, feta cheese and roasted red peppers, stuffed grape leaves, artichoke puree, olive tapenade. Served on a bed of lettuce with toasted pita chips.

QUESADILLA PLATTER**\$7.99** per person

Your choice of cheese, chicken, steak or roasted vegetables Quesadilla's served with a salsa and sour cream on the side.

SPECIALTY SANDWICH PLATTER**\$7.99** per person

A variety of our fresh made specialty sandwiches cut in half and served on a platter served with a variety of potato chips. Vegetarian options are included.



Catering menu-healthy options-breakfast

(6 person minimum on all orders)

ASSORTED FRUIT PLATTER

\$3.99 per person

A mixture of ripened sliced pineapple, cantaloupe, and honeydew, topped with fresh berries.

CLASSIC HOT OATMEAL

\$2.99 per person

Classic style oatmeal served hot with dried cranberries, honey, mixed nuts, and brown sugar.

EGG BEATERS FRITTATAS

\$3.99 per person

Create your own individual crustless quiche, choose from spinach, roasted vegetables, mushroom, onions, tomato, red peppers, ham, bacon, sausage, Feta, Cheddar, American cheeses, and many other selections to satisfy all peoples liking.

EGG WHITE BREAKFAST SANDWICHES

\$3.99 per person

Substitute any of our egg sandwiches for low fat and cholesterol free egg whites. Bacon, Ham, Sausage, Tomato, Spinach, Avocado, or Cheese on your choice of bagel, croissant, english muffin or bread.

FRUIT SALAD

\$5.99 per lb

A mixture of fresh cut honey dew, pineapple, and cantelope. Topped with fresh berries.

contd.

LOW FAT GREEK YOGURT WITH HONEY & NUTS

\$3.49 per person

Plain Greek style yogurt served with mixed nuts and honey.

LOWFAT GREEK YOGURT PARFAIT

\$3.49 per person

Low-Fat Greek Vanilla yogurt, mixed berries, and homemade granola. Served in individual cups or make your own.



Catering menu-healthy options-lunch

(6 person minimum on all orders)

AHI TUNA STEAK

\$12.99 per person

Your choice of Sesame Crusted with sweet mango drizzle, Cajun seared, or grilled and topped with a seasonal fruit salsa. Tuna is served rare with brown or white rice or on a salad of your choice. Gluten Free.

ASIAN STIR-FRY

\$8.99 per person

A variety of vegetables stir fried in a sesame soy sauce with your choice of chicken, beef, vegetable or tofu served with white or brown rice. Gluten Free.

Steak \$8.99 Chicken \$8.99 Tofu \$8.99

Vegetable \$8.99

ATLANTIC SALMON FILLET

\$11.99 per person

Fresh Atlantic Salmon Fillet with your choice of lemon thyme glazed, Caribbean seasoned, pomegranate orange glazed, or herb seasoned. Served with vegetable and starch of the day. Gluten Free Options Available.

Lemon Thyme glazed \$11.99 Caribbean seasoned \$11.99

Pomegranate orange glazed \$11.99 Herb seasoned \$11.99

contd.

GRILLED BONELESS CHICKEN BREAST \$8.99 per person \$3.49 per person

Fresh grilled chicken breast served with your choice of white or brown rice and roasted vegetable medley. Gluten Free.

GRILLED SALMON SERVED WITH ANY OF OUR HOUSE MADE SALADS \$10.99 per person

Fresh Grilled Salmon served on the side with any of our fresh made salads. Gluten Free Options Available.

GRILLED SHRIMP WITH QUINOA AND ROASTED VEGETABLES \$9.99 per person

Grilled jumbo Shrimp marinated with lemon juice, garlic, and fresh herbs and served with herbed Quinoa and roasted vegetable medley. Gluten Free.

GRILLED SIRLOIN STEAK TIPS \$9.99 per person

Grilled sirloin steak with your choice of seasoning: BBQ, Montreal Seasoning, Lemon Herb marinade, Teriyaki marinade or Buffalo sauce. Served with your choice of white or brown rice and roasted vegetable medley. Gluten Free.

HERBED ROASTED SPAGHETTI SQUASH \$8.99 per person

Oven roasted spaghetti squash season with fresh herbs and served with your choice of grilled Chicken, Salmon, Ahi Tuna, Shrimp. Gluten Free. Vegetarian with oven roasted vegetables.

Grilled Chicken **\$8.99**

Grilled Steak **\$9.99**

Grilled Ahi Tuna Steak **\$12.99**

Grilled Salmon **\$12.99**

Grilled Shrimp **\$10.99**

Roasted Vegetables **\$8.99**

contd.

JAMAICAN JERK CHICKEN WITH MASHED
SWEET POTATOES

\$8.99 per person

Our in house Jerk seasoned boneless chicken thighs oven roasted, topped with a drizzle of sweet mango puree and served with mashed sweet potatoes and cilantro lime seasoned white or brown rice. Gluten Free.

LENTIL STEW AND RICE

\$7.99 per person

Our in house made lentil stew served with brown rice. Gluten Free.

TURKEY CHILLI WITH BROWN RICE

\$7.99 per person

Our homemade Turkey Chilli served over Brown Rice. Gluten Free.



Catering menu-**desserts**

(6 person minimum on all orders)

ASSORTED DESSERT PLATTER

\$2.99 per person

A mix of all our desserts cookies, dessert bars, cupcakes, chocolate dipped pretzels, chocolate covered strawberries arranged on a platter.

ASSORTED FRUIT PLATTER

\$3.99 per person

A mixture of ripened sliced pineapple, cantaloupe, and honeydew, topped with fresh berries.

CHOCOLATE DIPPED PRETZEL RODS

\$3.99 per person

Hand dipped milk chocolate & white chocolate dipped pretzels rolled in colorful seasonal confetti candy.

CINNAMON CHIPS AND BERRY SALSA

\$1.99 per person

In house made cinnamon season pita chips served with a homemade berry salsa.

COOKIE PLATTER

\$1.99 per person

An assortment of our fresh baked chocolate chip, oatmeal raisin, pistachio, kitchen sink, white chocolate chip and Macadamia nut, M&M, fudge brownie cookies.
(Flavors may vary depending on availability)

contd.

COOKIES & DESSERT BAR PLATTER
\$2.99 per person

An assortment of our fresh baked chocolate chip, oatmeal raisin, pistachio, kitchen sink, white chocolate chip and Macadamia nut, M&M, fudge brownie cookies. Brownies, blondes, 7 layer, raspberry, Oreo, smores, and other flavors of dessert bars. (Flavors may vary depending on availability)

DESSERT BAR PLATTER
\$2.99 per person

An assortment of brownies, blondes, 7 layer, raspberry, Oreo, smores, and other flavors of dessert bars. (Flavors may vary depending on availability)

FRUIT SALAD
\$5.99 per lb

A mixture of fresh cut honey dew, pineapple, and cantelope. Topped with fresh berries.

HOMEMADE CUPCAKES
\$3.99 per person

Our own in house made red velvet cupcakes topped with a homemade cream cheese frosting and candy toppings.

ITALIAN STYLE BISCOTTI
\$1.99 per person

An assortment of Italian style Biscotti.

LOW FAT YOGURT WITH MIXED BERRIES AND GRANOLA
\$2.99 per person

Low-Fat vanilla yogurt, mixed berries and our homemade granola. Served in individual cups or make your own style.

MIXED NUTS
\$10.99 per lb

A mixture of nuts. One pound serves 4-6 people.



Catering menu-**beverages & miscellaneous**

(6 person minimum on all orders)

BOTTLED WATER **\$1.99 per person**

Bottled Dasani and Smart Water

COFFEE AIR POT **\$13.99 per person**

Fresh brewed pot of our Barrie House coffee - served with milk, cream, sugar and sugar substitutes. One pot serves 10 cups

FUZE TEAS AND FRUIT DRINKS **\$1.99 per person**

Black, Green, and Diet Black teas. Slenderize Tropical Punch.

HONEST TEA PRODUCTS **\$1.99 per person**

All Natural Brewed Teas and Fruit Juices. Lemon tea, Half and Half, Zero Lemonade, Cranberry Lemonade, Fruit Punch.

HOT TAZO TEA AIR POT **\$13.99 per person**

Assorted Tazo Teas with an air pot of hot water. Served with milk, cream, sugar & sugar substitutes. One Pot serves 10 cups.

IZZY AND MASH SPECIALITY SODAS **\$1.99 per person**

Blackberry, Clemintine, Grapefruit, specialty flavored sodas.

contd.

MINUTE MAID JUICES \$2.99 per person

Assorted Juices – Apple, Orange, Ruby Red Grapefruit, Cran-raspberry apple.

NANTUCKET NECTARS \$1.99 per person

Assorted- Orange juice, half & half, lemonade, orange mango, pineapple orange guava, cranberry, apple juices.

POLAND SPRING SELTZER WATERS \$1.99 per person

Mandarin orange, plain, lemon, lime or raspberry lime seltzer waters.

POLAR BEVERAGES \$3.99 per person

Polar seltzer water lemon, lime, orange vanilla, pomegranate. Polar Frost Sparkling lemonade, black raspberry, orange mango, pink grapefruit.

SNAPPLE BEVERAGES \$1.99 per person

Snapple Iced Tea & Beverages- Lemon, Peach, Raspberry, Diet Half n Half. (All available in diet)

SODA- COCA COLA PRODUCTS \$1.99 per person

An assortment of regular soda, diet sodas & water.

VITAMIN WATER PRODUCTS \$1.99 per person

Power C, XXX, Energy, Revive, Defense, XXX Zero, Revive Zero, Squeeze Zero, Go Go Zero

contd.

CHAFFING DISH LOANERS

FREE! per person

Keep your food warm.

PLATES – UTENCILS – NAPKINS

\$0.75 per person

Plates, Utensils, & Napkins

TABLECLOTH

\$3.99 per person

A white disposable tablecloth



Catering menu-**make your own bar**

(6 person minimum on all orders)

BUILD YOUR OWN BURGER BAR

\$9.99 per person

Our grilled 8oz. black angus beef burger served with sesame buns, lettuce, tomato, red onion, pickles, hots, bbq sauce, ketchup, mustard, mayo, American, Cheddar, and Swiss cheeses. Vegetarian portabella mushroom burger available.

BUILD YOUR OWN HOT DOG BAR

\$7.99 per person

Our grilled quarter pound all beef hot dog served with buns, tomato, red onion, pickles, hots, bbq sauce, ketchup, mustard shredded cheese and our homemade chili.

HOMEMADE SOUP OR CHILI BAR

\$7.99 per person

Have any of our homemade soups or chili and top with shredded cheese, chopped onion, hot peppers, crackers, and sour cream to build your own creation. Please call or email us for flavors and availability.

MAKE YOUR OWN FAJITA BAR

\$9.99 per person

Seasoned grilled sirloin steak, chicken, or portabella mushrooms, soft fajita shells, sautéed peppers and onion, tomatoes, sour cream, homemade guacamole, fire roasted salsa and shredded cheese to make your own fajitas.

contd.

MAKE YOUR OWN TACO BAR

\$8.99 per person

Seasoned ground beef, chicken, or portabella mushrooms, soft and hard taco shells, lettuce, tomatoes, sour cream, homemade guacamole, fire roasted salsa and shredded cheese to make your own tacos.
